



T R E A T M E N T M E N U

Welcome to Take Off Skin & Body

We're a skin and body clinic with a difference. Sure, we help make you look good, but our focus is on RESULTS.

Our expertly trained therapists ensure every treatment performed, offers you the results you're looking for from the products you use at home to the treatments you choose to have at our clinic.

To be able to deliver these results, it then goes without say that we only use and recommend the best products which contain the highest of active ingredients to secure the ideal skin outcome.



SKIN

Skin is our thing!

Sure you can indulge and relax at Take Off Skin & Body, but as we said before, we're results driven. Whether you're having a particular skin concern or you just want to 'take off' to pure relaxation, we're here to provide you with either of these required results!

Skin Consultation

In order to provide you with the precise treatment that will optimally offer the results you're after, our expertly trained therapists will perform a thorough skin diagnosis at the beginning of your first visit with us and then this of course will be reviewed as needed.

To help us with our diagnosis, we use a safe ultraviolet light that reveals beneath the skin surface issues or perhaps conditions that you may not be aware of but are about to surface. Our Skin Consultation is normally \$50 but complimentary with any skin treatment or with purchase of two or more products.

HIGH PERFORMANCE FACIALS

Maintain Facial 30mins \$69

When time is of the essence but you still want to see results, take a short trip to great skin with this quick, yet effective treatment. Expect a brighter, more nourished and clearer looking skin within your lunch hour!

Scientific Organics Signature Deluxe 60mins \$99

For a one way ticket to skin heaven, our this facial will certainly take you there focusing on intense mind and body relaxation as well as skin-changing results. Using potent organic ingredients including brightening Vitamin C, your skin will immediately feel firmer, clearer, glowing and more relaxed. Includes a face and décolletage massage and results-driven organic fruit peel.

For the Boys 1hr 15mins \$127

Real men may not eat quiche but they wouldn't let that get in the way of having and feeling great skin. This intense 'cosmedi-peel' facial, specifically

designed for boys rejuvenates, rebalances and clears. Although indulgent, it's definitely not fluffy and where required, extractions will be performed. Expect this facial to reveal a more youthful, smoother, clearer looking skin.

MEDI-FACIALS

Pure Radiance 1 hr 15mins \$117

A true red carpet experience, this cosmeceutical pure radiance facial includes a deep cleanse, a cosmeceutical strength AHA/BHA, vitamins A C E peel, a three-step extraction process followed by an indulgent ten minute massage using a creamy, hydrating mask. The treatment concludes with a therapeutic finishing mask leaving your skin feeling hydrated radiant and youthful.

Hydration Sensation 1hr 15mins \$127

As water is for the body, this thirst-quenching facial is for the skin. Re-mineralise, hydrate and nourish your skin with natural fruit acids to exfoliate and lift off dry, tired skin cells. Humectants and super protective antioxidants

are used to plump up the skin and reveal a healthier, more glowing complexion. A perfect treatment choice for dehydrated, dry or lifeless skin needing a boost.

Super-Firming Facial 1hr 15mins \$127

Firm, tone, tighten, nourish and boost cellular renewal with this "to die for" cosmeceutical peel-facial. This serious, yet indulgent treatment "kick starts" skin that is lacking elasticity, plumpness and life. Expect a more youthful and firmer appearance.

Get the Red Out! 1hr 15mins \$127

Just because you have sensitive skin, doesn't mean you can't have the results of a cosmeceutical peel treatment. Calming, soothing and anti-inflammatory, 'Get the Red Out' is perfect for reddened and sensitive skin types, provides the best form of T.L.C your skin needs as well as the results you're after. Hydrating and gentle botanicals combined with intense strengthening vitamins act as cell lullabies, to soothe and heal imbalanced cells whilst visibly reducing redness and heat from the skin.

Medifacial 60mins **\$140**

An advanced facial for those wanting to reach dramatic results with no downtime. Includes a high potent lactic peel and customised infusion mask to specifically target whatever skin concern you may be experiencing. Suitable for most skin types and concerns but in particular ideal for those concerned with ageing skin.

Organic and Technology Combined 60mins **\$199**

An intensive in-clinic treatment designed to correct the most concerning of skin conditions. When you combine the Scientific Organics Signature Deluxe facial treatment to the Skin-Inject Collagen Infusion skin needling device (yours to take home and use for at least another 3 months), you'll receive skin correction at it's MAX! Natural yet potent organics amplified with a technical skin modality ensure long-term skin radiance and youth long after you've left our clinic. May the anti-ageing force be with you!

RESURFACING TREATMENTS

Our Medical Grade peels improve and smoothes the texture of the skin. They loosen and exfoliate the damaged superficial layers of the skin (dull, dead skin) whilst also promoting collagen growth and stimulating the production of new cell growth. The removal of dead skin assist in diminishing clogged pores, promoting hydration and of course better penetration of your own skincare products. Each peel has it's own objective and sometimes need to be followed in succession. For optimum results, a course of 3 or 6 (depending on condition severity) is recommended.

Lactobotanical Peel 30mins **\$87**

Course of 3 **\$220** • Course of 6 **\$435**

More beautiful skin in mere minutes. A gentle yet clinically proven treatment aimed at reducing the signs of premature ageing, re-texturing rough, dull, environmentally challenged skins. The Lactobotanical peel can also address excessive oiliness, clogged pores, imperfections, discolouration or uneven skin tone.

Jungle Brew Peel 30mins **\$107**

Course of 3 **\$295** • Course of 6 **\$535**

Seeing spots? Excessive oiliness and clogged pores can occur at any age but this clinically proven BHA peel deeply penetrates to detox and calm congested skins revealing a clearer, healthy looking skin.

Pigment Punch Peel 30mins **\$107**

Course of 3 **\$295** • Course of 6 **\$535**

Designed to quickly address unsightly brown spots, hormonal pigmentation and other skin discolourations which not only blemish your looks but age you beyond your years. Using the skin renewal and clarifying actions of clinical strength BHA plus the brightening actions of a high potency Vitamin C, your skin will be left with a glowing youth that pigmentation has stolen from you. Can be performed as a single treatment or in a course of treatments.

Cabernet Au Chocolat Peel 30mins **\$107**

Course of 3 **\$295** • Course of 6 **\$535**

An age deception peel! This decadent yet serious anti ageing peel combines clinical strength BHA

to resurface skin to perfection and red wine and certified organic cocoa that bathe cells at the deepest level with powerful skin saving antioxidants to energise, protect and rebuild.

Retinol Brulee Peel 40mins **\$117**

Course of 3 **\$320** • Course of 6 **\$585**

An advanced skin peel that works hard to reverse signs of ageing such as fine lines and wrinkles, visible pores, dull and rough skin and skin discolourations. Leaves skin radiant, firmer and more supple. As this is an advanced peel, prior prepping in consultation with your skin therapist is essential.

Microdermabrasion 45mins **\$99**

Course of 6 **\$495**

Get your smooth baby skin back with our diamond tip microdermabrasion treatment. Microdermabrasion is a non-invasive intense exfoliation using an oscillating diamond tip exfoliation wand targeting acne scars, fine wrinkles and blackheads resulting in improved skin tone and texture. With no pain or down time, your skin will instantly look brand new!

IPL PHOTO REJUVENATION

Being Australian often means spending time outside in the sun. Even though nowadays we are more aware and conscious of the damage the sun rays cause, the damage done years ago when there was less awareness, surface the older we get. Take Off Skin & Body has the answer years worth of damage which happened while you were on the beach or in the pool and had no idea! IPL Photorejuvenation is an amazing skin treatment that uses intense pulsed light to reverse skin damage non-invasively. This no downtime procedure can be done in a lunch hour, with the only visible results being a flushed complexion that can be covered with makeup! No-one will ever know you had the treatment, but everyone will notice the difference! It can be used to treat a variety of skin conditions including enlarged pore size, red or brown pigmentation including freckles and sun spots, broken capillaries, surface wrinkles and uneven skin tones, just to name a few. The results will vary depending on individual cases, but if you have



ever sunbaked, or just walked down the street with your face exposed, you have some form of sun damage. The earlier you start the reversal, the better the results, so why not book in today to talk to our skin experts about how we can help you uncover your most beautiful skin.

Prices Start From **\$50** for a spot treatment to **\$450** for Full Face, Neck and Décolletage.

Call Now for a free consultation.



EYES

Eye Rescue Treatment 30mins **\$55**
(\$25 with a facial treatment)

A super soothing eye treatment to help calm, reduce puffiness and smooth out fine lines and wrinkles. Jam packed with active minerals and antioxidants such as ginkgo biloba, green tea, chamomile and arnica, this indulgent eye treatment helps improve circulation and leaves the eye area plumped and hydrated. Perfect for all skin types.

Tinting

Never risk panda eyes again, have luscious lashes and full brows all year round with our essential tinting services.

Eyelash Tint	\$25
Eyebrow Tint	\$17
Eyelash and Eyebrow Tint	\$35
Add an eyebrow shape with any tint for only	\$10

BODY

Swedish Full Body Massage 30mins **\$45**
45mins **\$65** • 1 hour **\$80**

Take off to relaxation with our Swedish relaxation massage. Whether you're stressed, tired or simply have no energy, you will walk away on cloud 9 with a revived sense balance and wellbeing.

Body Diamond Microdermabrasion 30mins **\$80**

Smooth baby skin on your face? YES! So why would you let your body miss out? Microdermabrasion can also be used effectively on the entire surface of the body, smoothing rough skin, eliminating pimples, blackheads and folliculitis resulting in a more toned, bright, baby-soft healthy skin!



TANNING THE SAFE WAY

In just 15 minutes you can go from tan to dressed with beautiful glowing skin using the award winning St Tropez Tan. Our therapists are trained by St Tropez, ensuring a perfect long-lasting application every tan. This aloe vera based tan has a slight green pigment, which counteracts any orange undertones in the skin and works by enhancing your skin's natural melanin, giving you the most natural looking tan, guaranteed never to go orange.

St Tropez Spray Tan \$45

Course of 5 for only \$197

St Tropez Crème TAN 60mins \$99

A must for Brides, celebrities and tan-a-holics, this is the cream of the crop when it comes to tanning. This fabulous natural looking tan is applied manually by one of our St. Tropez experts. A flawless tan with no chance of streaks or imperfections. Most certainly the longest lasting fake tan; perfect for those big occasions.



Full Body Exfoliation \$45 with any tan

Run off your feet and no time to scrub? Book in for a full body exfoliation and we will do it for you! A perfect prep to the St Tropez Spray Tan, we use the St Tropez Body Polish and make sure only the freshest skin is showing ready for your tan. This will secure your tan lasts those few extra days.

Spray Tan Advice for that Perfect Tan

PRE TAN

- Skin should be free from self tan, perfume, deodorant, aromatherapy oils or body creams. In fact it's ideal to come fresh out of a shower
- Waxing or shaving should be completed at least 24 hours prior to the treatment
- Exfoliate the entire body the evening or morning before your treatment. Pay special attention to dry areas such as hands, elbows, knees and feet
- Wear dark, loose fitting clothing
- It's a good idea to bring thongs with you

POST TAN

- Do not shower or bathe for a minimum of 4 hours after your treatment. The longer the better

- Avoid any activity which may cause perspiration for at least 12 hours after the treatment
- After showering, pat the skin dry rather than rubbing. You will notice some wash-off after your first shower. Don't stress, this is just the guide colour and your tan is revealed underneath this!
- You can sleep without showering however please note that the guide colour may transfer onto bed linen. It will wash out of cotton, but not so easily from man-made fibres or wool
- Exfoliate your skin with St. Tropez Body Polish every 2-3 days to ensure even fading

FAT CAVITATION AND RF SKIN TIGHTENING

How does instant weight loss with no surgery, no down time and certainly no hospitals sound? Using revolutionary technology this is a reality with our fat dissolving treatments.

Using a hand held Ultrasound device, the stubborn fat cells are heated up and turned to glycerol liquid and disposed naturally by the body. Combined with RF (radio frequency) skin



tightening, we heat up the elastin fibres causing the skin to contract leaving you with firmer skin. Great for cellulite reduction and alleviation of loose skin. Book in today for a free consultation.

Prices start from **\$150**. Ask us about our amazing Intro Fat Cav Intro Package!

HANDS AND FEET

When it comes to nails, OPI is the leader of the pack, and because at Take Off Skin & Body, we only use the best of the best, OPI was the natural choice for all our manicures, pedicures and Axxium Shellac treatments.

Express Manicure 20mins **\$30**

Strapped for time? We have you covered with a quick buff, shape and polish.

Manicure 40mins **\$45**

An indulgent, relaxing soak, hand and arm massage, cuticle trim and push, nail work and your choice from OPI's gorgeous collection of polishes.

Pedicure 40mins \$50

A treat for your feet, including a relaxing soak, foot massage, heal buff, nail work and your choice of polish.

Spa Pedicure 60mins \$70

Make your feet say "ahhhhhh" with this indulgent feet makeover. A foot spa, scrub and buff, mask, massage, nail work and your choice of polish.

**NEVER CHIP SHELLAC NAILS
BY OPI AXXIUM**

OPI Axxium is a breakthrough in the world of nail polish. Gentle on your nails but long lasting and hard wearing, this light weight natural nail shellac overlay is perfect for those who use their hands constantly. So in other words, everyone! Perfect for toes, as the colour refuses to budge, smudge or chip until you're ready to change your colour choice from the wide range of gorgeous colours. Guaranteed not to chip for at least 2 weeks, Axxium actually encourages nail growth underneath and protects those growing nails. Say bye bye to harsh

acrylics and hello to OPI Axxium shellac and get the nails you want, only better today!

OPI Axxium Shellac Overlay Full Set 45mins \$45

(includes a cuticle push and shape)

OPI Axxium with manicure 60mins \$60

OPI Axxium with pedicure 60mins \$65

OPI Axxium Soak Off 15mins \$10

Microdermabrasion Hands 20mins \$50

With manicure \$39

Want younger looking hands? This is the treatment for you!



WAXING

At Take Off, we only use the highest quality products to achieve the best possible results. We use Strip Wax Cartridges which is the latest and most hygienic waxing technology. Our signature technique leaves you silky smooth.

Female Bikini and Brazilians

Standard Bikini (underwear line tidy).....	\$26
G String Bikini (along the G String line and buttocks).....	\$32
Landing Strip Brazilian (bare, leaving a landing strip).....	\$44
All Off Brazilian (totally bare!).....	\$44

Facial Waxing

Eyebrow Tidy (within 4 weeks of last visit)....	\$15
Eyebrow Design	\$20
Eyebrow total make over (inc. consult, full design, tint, wax and shape)	\$30
Lip.....	\$10
Chin	\$10
Full Face (lip, chin, cheeks and under neck)...	\$40

Body Waxing

Full leg.....	\$44
Top half leg	\$35
Bottom half leg.....	\$30
Full arm.....	\$25
Half arm	\$20

Upgrades

Snail trail	\$5
Stomach.....	\$20
Underarm.....	\$15
Fingers/hands/feet/toes	\$15each
Buttocks.....	\$25

Waxing Combos

Full Leg + Bikini.....	\$67
Full Leg + Brazilian	\$79
Half Leg, bikini (1x/2x) underarm or eyebrow ONLY	\$69
Half Leg, Brazilian (3x/4x) Underarm or eyebrow ONLY	\$79

Male Waxing

Full leg.....	\$55
Half leg	\$40

Full arm.....	\$40
Lower back	\$25
Shoulders.....	\$25
Back and shoulders	\$45
Chest	\$25
Stomach.....	\$25
Chest and stomach.....	\$45

IPL HAIR REMOVAL

How does no more waxing sound? Using the latest technology in IPL (Intense Pulse Light) and Radio Frequency Technology, this most certainly can be reality. Using a hand held device, a filtered intense light is pulsed onto the desired area and is attracted to the pigment of the hair follicle. This light damages the hair follicle, making it virtually impossible to re-produce hair. Unlike other forms of hair removal, IPL has been proven to be successful, safe and non invasive.

Prices start from **\$39**

Book in for a free consultation.



Salon Etiquette

Notification of your appointment

We will send you an SMS or an email 48hrs prior to your appointment to allow for any changes or cancellations.

Cancellation Policy

If you need to change or cancel your appointment, please let us know within 24 hours of your treatment, otherwise a cancellation fee of 50% of the treatment will be charged.

If we do not receive confirmation within 24 hours of your appointment, we may cancel your appointment to make room for another client

No Shows

No Shows have a serious effect on our business. If you cannot make your appointment, please let us know so we can book in another client. A fee of 100% of the appointment will apply for a no show.

Booking Deposit

Please note a 50% deposit is required for all bookings over 60 mins or for group bookings. For more information on this policy please contact us.

Arrival

We ask that you arrive 10 mins prior to your appointment to fill out any required consultation forms and relax and wind down with a herbal tea or coffee prior to your visit.

Please Note: If you do arrive late for your appointment we may need to reduce your treatment time as we have other clients to consider. Full price will be still charged.

Gift Vouchers

All of our services and packages are available as gift vouchers. Our packaged treatments must be redeemed as one appointment and cannot be split. All vouchers are to be redeemed before the expiry date. Gift Vouchers are transferable BUT not refundable for cash.



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Salon Opening Hours

Monday CLOSED • Tuesday 10am - 6pm • Wednesday 10am - 8pm • Thursday 10am - 8pm • Friday 10am - 6pm • Saturday 9am - 4pm

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